



**Canadian Mental
Health Association**
Kelowna

Community Advisory Committee - Meeting Minutes

McCurdy Place | 130 McCurdy Road
June 14, 2021, 5:00 – 6:00 | Zoom

1) Welcome, land acknowledgement, roundtable introductions

2) Update on McCurdy Place

- CMHA Kelowna
 - i) Five more move-ins are happening this month which will mean all adult beds are now full
 - ii) MCFD is still working with CMHA Kelowna to develop a process for their youth beds, the other community youth beds are now full.
 - iii) Residents and staff are participating in the Ride Don't Hide fundraiser. All their minutes of activity are being translated into dollars donated with assistance from a community partner.
 - iv) There is now a suggestion box to allow residents to provide suggestions for what activities they want to see. Mindfulness and karaoke are popular suggestions.
 - v) McCurdy's community meeting was postponed and is taking place June 15th. One topic of discussion is the community clean up.
 - vi) Residents and the building staff have decided to allow residents to use the Rutland Road facing door. This is a secured entrance and staff must buzz residents in if they access this door.

3) McCurdy Place – Roundtable Discussion

- Challenges or concerns
 - i) Community Representative: Wondering if these meetings would be held in person in light of the change to COVID-19 restrictions.

Diana Bulley: We have seen increased attendance at these meetings when the virtual format was introduced. It allows people more flexibility in attending

from their homes by reducing travel time. There is also the logistics of renting a space when the meeting is often short. With these considerations meetings will likely remain virtual.

- ii) Community Representative: Concern was raised about ending these meetings before the “honeymoon” phase is over.

CMHA Kelowna: The 6-month mark is the time when meetings are re-evaluated. It is decided as a group whether to continue meeting once a month, less frequently, or not at all. We will make that decision collectively once we reach that 6-month period. CMHA will commit to continued participation in these meetings as long as is requested by the community.

Community Policing: Wanted to mention that when dealing with other supportive housing building openings the “honeymoon” phase hasn’t really occurred. The statistics from community policing show that any calls associated with the residence seem to slightly decrease with time.

BC Housing: Is supportive in meeting at whatever frequency the community wishes. Commented they have seen the same as community policing with regards to the “honeymoon” period. Things usually quiet down after residents have had a settling in period and stabilize in their homes.

- **Opportunities**

- i) Community Representative: An offer was made to donate sports equipment to McCurdy for physical activity programming.
- ii) Community Representative: Has had some interactions with McCurdy residents that were very positive. Nothing negative to say about McCurdy.
- iii) Tanya w/ Strong Neighbourhoods: The students in school district 23 are planning a winter festival. There may be a possibility for the youth at McCurdy Place to participate.
- iv) Community Representative: Heard that McCurdy has a garden and has tomato and squash plants that they would be able to donate if McCurdy is interested.

4) Action items and next steps

- Nancy to connect Brittney with the manager of the local thrift store to discuss opportunities for on the job training / volunteer work to develop employment skills with McCurdy residents.
- Andrea to connect with Brittney about the wellness backpack program

Next Meeting Date: There will be a pause over the summer months of July and August. The next meeting will be scheduled for September and sent out to Committee Members.



Ellis Place | 1055 Ellis Street, Kelowna BC V1Y 1Z3 | T: 250.717.0224 | F: 250.717.0396 | www.cmhkelowna.org

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