



**Canadian Mental
Health Association**
Kelowna

Community Advisory Committee - Meeting Minutes

McCurdy Place | 130 McCurdy Road
January 10, 2022, 5:00 – 5:30pm | Zoom

1) Welcome, land acknowledgement, roundtable introductions

2) Update on McCurdy Place

- CMHA Kelowna
 - i) There is one vacancy for an adult because a resident found employment and was able to move into market rental housing. This is the success stories we're excited to celebrate!
 - ii) A youth has also recently moved into market rental housing
 - iii) We did connect with RSS regarding the winter festival, which was unfortunately postponed due to the Omicron variant and increased COVID-19 cases
 - iv) The building has implemented a McCurdy "Resident of the month" to celebrate residents that are contributing to a positive community environment.
 - v) A resident is running a cooking program out of the kitchen at McCurdy to assist other residents in developing food prep and cooking skills.
- BC Housing – sends regrets that they were unable to attend

3) McCurdy Place – Roundtable Discussion

- Challenges or concerns
 - None
- **Opportunities**
 - i) Community Representative: RSS has a commercial kitchen and has a Red Seal chef. There is potentially an opportunity for a connection to develop more cooking programming or a collaboration between McCurdy Place and RSS for youth residents.
 - ii) Strong Neighbourhoods: Block parties are currently on hold because of the increase in COVID-19 cases. The next grant intake is taking place in March.

- iii) LECOH: Suggests that cooking programs need to take into consideration the income and limited resources that residents may have access to.

4) Action items and next steps

Did McCurdy Place decide whether they wanted to have a plot in the community garden? CMHA Kelowna to follow up.

Next Meeting Date: TBD